



Experiences, adventures, nature and fun for groups and companies

Summer 2025



Because your happiness is important to us!

You want to experience an adventure?

You will find many great suggestions for this in the inandout sport & events GmbH's catalogue

Needless to say, we are more than happy to add your personal thoughts and ideas as well.

We are looking forward to hearing from you.

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inandout events

Sporty experiences and technique trial courses – we love the variety

Mountain biking



Enjoy a professional and experience-related class in our picturesque mountain scenery under the guidance of a highly qualified instructor.

Climbing



Nordic walking



Inline skating



Or furthermore:

- Archery
- Golf
- Water sports
- Paragliding
- E-bike
- Nordic walking
- Aqua-fit
- Climbing
- Yoga
- And much more ...

Prior knowledge	None necessary. Classes for beginners up to advanced
Equipment of participants	Depending on the kind of activity
Duration	Minimum duration: from one hour Maximum duration: one day (several half-days/full days possible)
Example of the costs	From Swiss 100.00 Francs/hour and instructor Material renting costs: between 10 and 60 Swiss Francs/person and day Transfers, admission fees etc. are calculated according to the expenses
Amount of participants per instructor	Beginners: maximum 6 – 8 people Advanced: maximum 8 – 10 people

Guided tours: trekking, hiking, mountain biking – towards the sun



Hiking and Trekking: Explore the most attractive and impressive places of our landscape on a scenic mountain hike, during a breath-taking sunrise tour or during an adventurous moonlight hike.

Or experience a glacier hike under the guidance of a mountain instructor. Hike above centuries old ice and discover the spectacular beauty of nature.



Alpine hikes – offside of the classical hiking paths: During daytrips, we show you the most beautiful summits and most spectacular panoramas. Experience an unforgettable, high alpine hiking day without prior rope or climbing experience – whenever possible offside of the classical hiking paths.



Mountain biking / downhill & freeride: Whether on a relaxed bike tour, or rather on a rapid downhill course and on challenging single trails - the enjoyment of the gorgeous mountain landscape is always guaranteed.

E-Bike: Being unlimitedly mobile and climbing the mountain with a smile on the face: e-bikes allow us to reach destinations which we would not even consider without the electronic assistance. Hence, cycling is not exhausting anymore, but only increases the joy of life and one's mobility. Exploring the surroundings in half a day or admiring diversified valleys and marvellous landscapes over several days – everything is possible.

Prior knowledge	None necessary
Equipment of participants	Depending on the kind of activity
Duration	Minimum duration: from 90 minutes; glacier hike: 1 day Maximum duration: one day (several half-days/full days possible)
Example of the costs	From 120 Swiss Francs/hour and instructor; From 320 Swiss Francs/half-day and instructor; From 450 Swiss Francs/day and instructor; Glacier hike from 600 Swiss Francs/day and instructor (mountain guide) Material renting costs: between 25 and 90 Swiss Francs/person and day Transfers, admission fees etc. are calculated according to the expenses
Amount of participants per instructor	Maximum. 6 - 10 people

Cuisine – truly the Grison way

Enjoy culinary delights: What could be nicer than relaxing after a sporty excursion and being able to enjoy culinary delights? Experience for example a delicious aperitif on a farm after a tiring cycling trip or enjoy a cosy dinner in a mountain cabin after an exhausting hike.

Home-made is the best: According to this motto, we invite you as a group to become active and create a tasty meal on your own. For example, different teams are responsible for a part of the meal and organise it with more or less tools. Baking bread on a farm, making sausages in the butchery or simply cooking a nice soup over the fire...



Duration	Two hours up to a full day
Costs	From 55 Swiss Francs/person Please do not hesitate to ask for an individual offer
Furthermore	Ideal as a pleasant end of a great event

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team challenges

A sporty activity or rather a sociable gathering? There are countless possibilities. Following, a few examples:

team challenges: Separated into different teams, the participants start a competition with various tasks. Team spirit is essential, lone fighters have no chance. Challenges such as blind man's (or woman's) buff, building a tower, spider web or an obstacle course provide a welcomed change into a seminar day or fill a full day under the theme «team spirit».

Alpine funfair: Through traditional games such as «Platzgen», sawing wood, sack race or spitting cherry stones a winner team is chosen. The comfortable surroundings as well as a delicious Alpine buffet add a special ambience to this opportunity.

Mountain cabin evening: Enjoying a traditional Swiss dinner in a typical Swiss mountain cottage after a relaxed hike. Until late in the night stories are told by candlelight and all participants can enjoy the cosy evening away from the hustle and bustle.



Prior knowledge	None necessary
Equipment of participants	Principally sporty in- and outdoor clothing, solid shoes, depending on the activity, further equipment may be necessary
Duration	Minimum duration: depending on the activity, from one hour Maximum duration: depending on the activity, up to one day Time limit: indoors, depending on the occupancy of the sport halls
Example of the costs	From 85 Swiss Francs/person Outdoor aperitif: from 25 Swiss Francs/person Mountain cabin evening: please do not hesitate to request a personal offer We are more than happy to provide you with further team experiences according to your wishes

Treasure hunt & GPS hunt – on the right track

Treasure hunt

A sense of orientation is in demand! Be it with the help of the village map, a topographic map or pictures – there is always the same question: Who finds the points first and manages to read the clues for the aiming point correctly? Don't panic, inexperienced as well as advanced scouts will enjoy the chase when they overcome one or another obstacle like hunters on the prowl.

GPS hunt

Modern satellite navigation is the future map reading. After a short instruction about the handling of GPS devices and an introduction into our map grip, as a group you will need to find the saved waypoints and note the clues correctly. In the end, those will add up to the target coordinates which have to be inputted for the final search.

GPS tracking is adequately suited to gather experiences with the handling of modern devices. On the one hand, there is the opportunity to get to know what is possible with the assistance of satellite navigation. On the other hand, you learn about the limits of this modern technique.



Prior knowledge	None necessary
Equipment of participants	Suitable clothes for the weather conditions
Duration	Two hours up to a full day
Costs	From 75 Swiss Francs/person Please do not hesitate to request a personal offer

Building rope bridges and rafts - heading for new shores

Building a rope bridge

Getting to the other shore is only possible over a bridge – best of all, over your own. After a short introduction into the art of building suspension bridges you start with anchoring, knotting, tensioning and so on. In the beginning, building a rope with just a short introduction will seem everything but easy... If, however, more than one person thinks along, it will become simpler than expected.

As a treat, a shaky passage over the self-made bridge as well as a noble drop to inaugurate the bridge is waiting for you.

Building a raft

What is better than exploring the lakes on a self-made raft? After a short introduction and with the help of some instruction the teams build their own rafts. After a short race against each other or a marvellous trip on the water, the teams can end the event with a picnic, an aperitif or a relaxed barbeque.



Prior knowledge	None necessary
Equipment of participants	Suitable clothes for the weather conditions
Duration	Rope bridge building: From 1.5 hours up to approximately 3 hours Raft building: From 1.5 hours up to approximately 4 hours
Costs	Rope bridge building: From 1 600 Swiss Francs Raft building: From 150 Swiss Francs/person Please do not hesitate to request a personal offer Recommended only for smaller groups.. up to 25 pax
Furthermore	Building rope brides and rafts is especially suited as a team event Ideally combinable with an outdoor aperitif, a picnic or a barbeque

Fun triathlon and relay race – It does not always have to be swimming, cycling or running...

...but it can. Sporty or rather relaxed, guaranteed funny, always thrilling. Depending on the size of the groups and on the urge to move, we provide you with a completely individual relay race. Needless to say that more than three types of sport can be involved.



Prior knowledge	None necessary
Equipment of participants	Depending on the weather conditions and types of sport
Duration	Two hours up to a full day
Example of the costs	From 110 Swiss Francs/person Please do not hesitate to ask for a personal offer
Furthermore	Since the different activities can be freely chosen, the offer can be perfectly adjusted to the participants

Exclusive: helicopter scenic flights

An adventure of a very exquisite kind! Starting from an official landing site near your location you have the chance to explore on a scenic flight. The mountain world is especially spectacular from the perspective of the birds. On the occasion, a parallel activity takes place for the waiting participants. The flights are followed by interesting facts about flying in mountainous regions and the things to know about the tasks and activities of the local helicopter company. Of course, you will be able to have a look into the impressive cockpit of the pilot.



Prior knowledge	None necessary
Equipment of participants	Suitable clothes for the weather conditions, sun glasses
Duration	One to three hours
Example of the costs	From 1800 Swiss Francs Please do not hesitate to request a personal offer
Furthermore	We are more than happy to adapt the helicopter experience according to your personal wishes. Hereby, the flying time is especially fundamental. For larger groups it is absolutely possible to plan the scenic flights in different rotations. Suitable activities for the waiting guests are for example: <ul style="list-style-type: none"> - Meals/aperitif with local specialities - Workshops in which you learn to play the alphorn - Workshops in which you are introduced to yodelling and so on

The magic of fire-walking

Openness, respect and trust are only a few keywords which found the base for an unforgettable experience of fire-walking. Still, it is not yet a hundred percent explicable (neither scientifically nor physically) how the 700 degree Celsius hot embers can be crossed with bare feet. Through different theoretical and practical lessons the participants are prepared for the challenge. Soon, they realise that they are capable of doing more things that they have ever imagined. Because – in the beginning there is also a basin with sharp glass fragments.

After a sensitive introduction in the group room, we start with several proven preparation exercises. Later on, beside other things, the systematical stacking up of a wood pile follows. Through sensitive guidance we mentally prepare ourselves for the big event. The actual walk over the hot embers takes place in a contemplative setting with the group.

“The magic of fire-walking” is perfectly suited for groups up to approximately 30 people. The preparation is simplified when the participants engage openly and critically in the exercises. Depending on the size of the group and available time, we prepare parallel workshops in addition to the actual concept of fire-walking about related topics to avoid a possible peer pressure. Obviously, the fire-walking is always based on a voluntary basis.



Prior knowledge	None necessary
Equipment of participants	Comfortable clothing
Duration	Minimum duration: 4 hours. Ideal duration: 5 to 8 hours
Example of the costs	From 150 Swiss Francs/person The costs depend heavily on the overall concept in which the fire-walking is included. We are more than happy to advise you further in this regard. Please do not hesitate to ask for a personal offer.

Fascination biathlon

The combination of contrasts: for cross-country skiing, endurance, force and an excellent technique is essential; for shooting, calmness, concentration and precision is necessary. For years, biathlon has been one of the most media-effective types of sport in Germany. At the latest, with the emergence of the Gasparin sisters in the world cup circus, biathlon has arrived in the hearts of the Swiss.

Biathlon in summer

Experience the typical contrasts of the sport in the biathlon arena itself. Precision and concentration whilst shooting with an accelerated pulse after an endurance performance of the body.

In addition to an introduction into shooting with small calibre rifles you can choose your summer sport activity yourself: by bike, by roller skis, by inline skating, by Nordic walking or just by foot.

"Fascination biathlon" is perfectly suitable for creating a fun competition within your company or group. It can be organised as an individual or as a team competition.



Prior knowledge	None necessary
Equipment of participants	Clothes suitable for the second discipline (additional to the shooting)
Duration	Minimum duration: two hours
Example of the costs	From 80 Swiss Francs/person The costs depend heavily on the expenses of the second discipline which takes place in addition to the shooting. Please do not hesitate to request a personal offer

References and partners

Actelion Pharmaceuticals Ltd., Schweiz
 Alpiq InTec Ost AG
 AMAG, Switzerland
 AMGEN AG, Switzerland and Europe
 AXA Winterthur, Switzerland
 BASF AG, Switzerland
 BNP PARIBAS (SUISSE) SA, Switzerland
 Basler Versicherungen, Switzerland
 Bildungsdirektion Kanton Zürich, Switzerland
 BMW Financial Services, Switzerland
 Bristol Meyers Squibb SA
 Business Solution Group, Switzerland
 Credit Suisse, Switzerland SA
 Compass Group (Switzerland) AG/Accenture AG
 Dnata Switzerland AG, Switzerland
 Ernst & Young, Switzerland
 European Law Firm/Langner, Stieger, Trachsel & Partner
 GE Capital Bank, Switzerland
 Google Switzerland GmbH
 HIESTAND international AG, Switzerland
 F. Hoffmann – La Roche Ltd.
 Holcim International, Switzerland
 Hugo Boss AG
 KPMG AG, Switzerland
 LGT Group, Lichtenstein
 LEXMARK, AG, Switzerland
 Mammot Sports Group, Switzerland

Management School, St. Gallen
 Namics AG, Switzerland
 NIKE Switzerland AG, Switzerland
 Nordostschweizer Kraftwerke AG, Switzerland
 Nord Stream AG
 NOVARTIS Animal Health, Switzerland
 Novo Nordisk Pharma AG
 OLDO International AG
 Pädagogische Hochschule Zürich, Switzerland
 PriceWaterhouseCoopers AG, Switzerland
 Raiffeisen Bank Bündner Rheintal, Switzerland
 Rising Tide, Herrenacker 15, 8200 Schaffhausen
 ROCHE SA, UK
 RWE Aktiengesellschaft, Germany
 Saia-Burgess Controls SA, Switzerland
 Schweizerische Bundesbahnen SBB, Switzerland
 Sulzer Management AG, Switzerland
 St. Galler Kantonalbank, Switzerland
 SWISSCOM AG, Sponsoring, Fairs & Events, Switzerland
 Swiss Life, Switzerland
 SWISS RE, Switzerland
 SYNTHES Medical Systems, Spain
 Takeda Pharma AG
 Tecan Trading AG
 The Boston Consulting Group, Switzerland
 UBS Investment Bank AG, Switzerland and Germany
 Universität Zürich, Switzerland
 work-shop Personal Weinfeldten GmbH

Local partners

Davos Destinations Organisation
 (Genossenschaft)
 Hotel Steigenberger Belvédère****
 Sheraton Hotel Waldhuus Davos****
 Hotel Seehof****S
 Waldhotel Davos****
 Hotel Grischa****S
 Kongress Hotel****
 Morosani Hotels Davos****
 Turmhotel Victoria****
 Berghotel Schatzalp***
 Parsenn Sporthotel***
 Feriensiedlung Solaria

Lenzerheide Tourismus
 Lenzerheide Bergbahnen
 Maiensässhotel Guarda Val****
 Hotel Schweizerhof Lenzerheide****
 Hotel Valbella Inn****
 Hotel Lenzerhorn****
 Hotel Kurhaus***

Angerer Sport AG
 Fullmoons Bergsport GmbH
 PaarSenn Sport und Mode
 Bardill Sport AG

... and further partners of sport and cuisine

Organisation partners

Brightevent AG, Zug
 Carlson Wagonlit Travel, Basel
 Conventus of Switzerland, Lausanne
 Cosa Travel Ltd, Zürich
 European Walking Tours, Engelberg
 Eventyr, Sweden
 Guide Experience, Zürich
 impuls-event.ch GmbH, Schindellegi
 KMM GmbH, München
 Kuoni Travel Ltd. Incoming Services (DMC), Zürich

lucentive ag, Allschwil
 MCI Group AG, Zürich
 Media Net Work GmbH, Köln
 Merz + Partner Events AG, Gockhausen
 SCANDORAMA, Sweden
 smartpromotion GmbH, Malans
 Grass Roots Switzerland AG, Zürich
 Trimotions GmbH, Ottenbach

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General Terms and Conditions

Thank you for your interest in a programme from inandout sport & events GmbH. Upon acceptance of your booking by inandout sport & events GmbH (hereinafter referred to as the organiser) or a sales outlet, a contract is concluded between you and the organiser. These General Terms and Conditions form an integral part of this contract. We therefore ask you to read them carefully.

1. Registration

Registration can be made in person, by telephone, in writing or electronically. The rights and obligations of the contract become effective for you and the organiser from the time of registration.

2. Subject matter of the contract

The organiser undertakes to provide the services requested by you within the framework of the concept drawn up and in accordance with the description in the order confirmation. Changes to the services can be taken into account after consultation. Any resulting additional costs shall be borne by the customer.

3. Conclusion of contract

The contract between you and the organiser is concluded upon receipt of the order confirmation signed by you. In the case of a mutual agreement, the contract is already concluded upon verbal agreement. The rights and obligations arising from the contract become effective for you and the organiser from the time of signing or verbal agreement.

4. Prices

The prices for the programmes can be found in the offer tailored to your needs. Unless otherwise stated, the prices are all-inclusive for the services described, excluding VAT.

5. Terms of payment

Unless otherwise agreed, payment shall be made with the invoice issued after the event. The statutory payment deadlines apply. The organiser reserves the right to agree a deposit after consultation with you. Any cancellation costs will be charged in accordance with section 6.

6. Cancellation or contract amendment by the customer

Cancellations of contracts already concluded must be made in writing by registered letter. All documents already received (detailed programmes, confirmations, etc.) must be enclosed.

The following part of the arrangement costs will be charged for each cancellation:

From definitive acceptance up to 21 days before the event: 20% of the total price

20 to 14 days before the event: 50% of the total amount

13 to 7 days before the event: 75% of the total amount

6 days or less before the event: 100% of the total amount

In the event of late arrival or postponement of the programme, the customer shall bear the additional costs.

Cancellation by the customer, late arrival or early departure from the programme by the customer do not entitle the customer to a (partial) refund. Any additional costs incurred shall be borne by the customer.

7. Cancellation or change of order by inandout sport & events GmbH

The organiser reserves the right to cancel a planned activity at very short notice for safety reasons. The organiser is responsible for the objective assessment in cooperation with local experts.

If the event cannot be held for safety reasons (weather, wind, etc.), compensation will be limited to covering any third-party costs.

The organiser will make every effort to organise a suitable alternative programme. The resulting costs shall be borne by the customer without explicit consultation. If the costs incurred for the alternative programme exceed those of the originally planned activity, the customer must be informed accordingly.

If an event cannot be organised for the above-mentioned reasons, the customer shall not be entitled to any compensation.

8. Conditions of participation

Good health is a prerequisite for all activities. The customer undertakes to inform the organiser in full of any health problems of participants. Participation in an activity under the influence of alcohol, drugs or mind-expanding medication is prohibited.

Participants are obliged to adhere to the conditions of participation and to strictly follow the instructions of the organiser, its guides or assistants. The organiser reserves the right to exclude offending participants from the activity. This shall not give rise to any claim for a price reduction.

9. Complaints

If complaints or damage occur during the activities, these must be reported immediately in writing to the respective activity leader. The activity leader will endeavour to remedy the situation free of charge within the framework of the programme. However, they are not authorised to accept claims on behalf of the organiser. Claims for damages arising from non-fulfilment of the contract must be reported to the organiser by registered letter within 30 days of the event. Evidence, including confirmation from the activity leader, must be enclosed.

10. Insurance

The organiser is insured for its activities as part of its duty of care. Participants are not insured by the organiser and must take out adequate health and accident insurance themselves.

11. Liability

Within the scope of these General Terms and Conditions, the Organiser shall be liable for defects or a cancellation in the performance of the activity, insofar as these are objectively verifiable and documented by the customer.

The Organiser accepts no liability for changes to the programme due to train, bus or flight delays.

The Organiser shall arrange products and services from other providers (e.g. transport, catering) for its customers.

Liability for the fulfilment of the contract, accidents, delays etc. cannot be assumed from this brokerage activity, taking into account the regulations for package tours.

12. Third-party services

The Organiser is entitled to procure various services from third-party providers without explicit consultation with the Customer. These services include in particular Organisation of transport, catering, rental of auxiliary equipment, overnight accommodation and the like.

The organiser is entitled to charge a fee of 10% of the invoiced costs in addition to passing on the costs incurred.

Third-party services must be listed separately in the offer and order confirmation.

13. Applicable law, place of jurisdiction

The legal relationship between you and the Organiser shall be governed exclusively by Swiss law. It is agreed that the courts of the Davos region shall have exclusive jurisdiction for legal action against the organiser.

14. Image rights

The organiser reserves the right to take photographs at events and to use them without restriction for its own purposes (e.g. printed matter, internet, etc.).

Organiser:

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